

# Jefferson Softball

## Team Handbook

2010



Last updated: 3/12/2010

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## Contacts

### Coaches

#### Varsity

Penny Witzenburg, head coach	612-239-8863	pennyw@playersonlyinc.com
Todd Johnson, assistant coach	952-451-1229	trjohnso@bloomington.k12.mn.us
Katie Meyer, volunteer assistant		

#### Jr Varsity

Fred Wroge, head coach	612-866-5364	fwroge@comcast.net
Jessica Martin, assistant coach	612-716-0844	jessica@tradewindproperties.net

#### 10th Grade

Beth Keine, head coach	952-806-7726	bkiene@bloomington.k12.mn.us
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#### 9th Grade

Erin Lauer, head coach	952-806-7739	elauer@bloomington.k12.mn.us
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### Captains

Maggie Briesemeister	952-913-2432	superslugger212@aol.com
Leah Gustafson	612-247-4179	lgustafson3177@gmail.com
Georgia Rowekamp	612-532-0130	growekamp@gmail.com

### Booster Club Parent Leaders

Jayne Breisemeister	952-828-0859	jrbriese@aol.com
Bob Breisemeister	612-964-8877	mrbrise@aol.com
Judy Gustafson	952-944-2152	dgusta2834@aol.com
Dave Gustafson	612-247-9449	dgustafson@illumecandles.com
Terese Rowekamp	952-884-5551	trowekamp@rowekamp.com
Mike Rowekamp	612-532-4401	mrowekamp@rowekamp.com

## Websites

Booster Club	<a href="http://www.rowekamp.com/jefferson/mainwebpage.htm">http://www.rowekamp.com/jefferson/mainwebpage.htm</a> Includes games schedules, maps to away games, booster club calendar and events and more
Star Tribune Prep Sports	<a href="http://www.startribune.com/sports/preps">http://www.startribune.com/sports/preps</a>
MN State High School League	<a href="http://mshsl.org/mshsl/activitypage.asp?actnum=416">http://mshsl.org/mshsl/activitypage.asp?actnum=416</a>
Lake Conference	<a href="http://www.lakeconference.org">http://www.lakeconference.org</a>

## Game Schedules

### Varsity/Jr Varsity

All home games are played at Dred Scott fields, Varsity on field 6, Jr Varsity on field 2.

Date	Time	Opponent	Location*
Sat Mar 20	7:00 am		Eden Prairie dome – Varsity only
Tu Apr 13	4:15	Eden Prairie	<b>Dred Scott</b>
Th Apr 15	4:15	Burnsille	Burnsville Senior High School
M Apr 19	4:15	Apple Valley	<b>Dred Scott</b>
W Apr 21	4:15	Rosemount	Rosemount High School
F Apr 23	4:15	Kennedy	Kelley
Sa Apr 24	11:00		Richfield High School – Varsity tournament
Tu Apr 27	4:15	Eagan	<b>Dred Scott</b>
Th Apr 29	4:15	Lakeville North	Lakeville North High School
Sa May 1	9:00		Maple Grove High School – Jr Varsity tournament
M May 3	5:00	Kennedy	<b>Dred Scott</b>
W May 5	4:15	Eastview	Eastview High School
F May 7	5:00	Lesueur Henderson	Lesueur Henderson High School
Sa May 8	9:00		Fridley High School - Tournament
Tu May 11	4:15	Lakeville South	<b>Dred Scott</b>
W May 12	4:15	Lakeville North	<b>Dred Scott</b>
Th May 13	4:15	Chaska	Chaska Community Park
M May 17	4:15	Chanhassen	<b>Dred Scott</b>
Th May 20	7:45	Post-season coach meeting	Eagan High School
Th May 20			Section playoffs begin
Th Jun 10			State tournament – continues on 11th

### 10th Grade/9th Grade

All home games are played at Dred Scott fields, 10th grade on field 2, 9th grade on field 3.

Date	Time	Opponent	Location*
Tu Apr 13	4:15	Eden Prairie	Miller Park
Th Apr 15	4:15	Burnsille	<b>Dred Scott</b>
M Apr 19	4:15	Apple Valley	Apple Valley High School
W Apr 21	4:15	Rosemount	<b>Dred Scott</b>
Tu Apr 27	4:15	Eagan	Eagan High School
Th Apr 29	4:15	Lakeville North	<b>Dred Scott</b>
M May 3	4:15	Kennedy	Kelley
W May 5	4:15	Eastview	<b>Dred Scott</b>
Tu May 11	4:15	Lakeville South	Lakeville South High School
W May 12	4:15	Lakeville North	Lakeville North High School
Th May 13	4:15	Chaska	<b>Dred Scott</b>
Sa May 15	10:00	Lakeville South	Lakeville South High School – 10th Grade Tournament
M May 17	4:15	Chanhassen	Chanhassen High School

\* See <http://www.rowekamp.com/jefferson/mainwebpage.htm> for maps to away game fields and updates to game schedules.

**Event Calendar**

<b>Date</b>	<b>Time</b>	<b>Event</b>	<b>Location</b>
W Feb 3	7:00 pm	Booster Club meeting	Jefferson cafeteria
Th Feb 11	7:00 pm	Kickoff meeting	Jefferson cafeteria
W Feb 12	3:00 pm	Gopher softball - MN High School Day	Metrodome
M Mar 1	2:45 pm	Captain's practice	Jefferson gym or Activity Center
W Mar 3	2:45 pm 7:00 pm	Captain's practice Booster Club meeting	Jefferson gym or Activity Center Jefferson cafeteria
Th Mar 4	2:45 pm	Captain's practice	Jefferson gym or Activity Center
Tu Mar 9	2:45 pm	Captain's practice	Jefferson gym or Activity Center
W Mar 10	2:45 pm	Captain's practice	Jefferson gym or Activity Center
Th Mar 11	2:45 pm	Captain's practice	Jefferson gym or Activity Center
M Mar 15		First practice/tryouts	
Tu Mar 23	7:00 pm	PAC ("drug") meeting	Jefferson cafeteria
Sa Mar 27	7:30 am	Pancake breakfast	Famous Dave's
Tu Apr 13	4:15 pm	Season opener	See game schedule
W Apr 14	7:00 pm	Booster Club meeting	Jefferson cafeteria
Tu Apr 20	after practice	Pasta dinner – all teams	Jefferson cafeteria
W Apr 28	after practice	Pasta dinner – Varsity/Jr Varsity	TBD
T May 4	after practice	Pasta dinner – all teams	Jefferson cafeteria
W May 5	7:00 pm	Booster Club meeting	Jefferson cafeteria
M May 17	4:00 pm	Senior recognition	Dred Scott, Field 6 – immediately preceding game
Sat May 22	10:00 am	Car wash	Jefferson parking lot
W Jun 2	7:00 pm	Booster Club meeting	Jefferson cafeteria
Sun Jun 6	5:30 pm	End of season banquet	Hyland Ski Chalet

An updated calendar is available on the Booster Club website.

## Team Philosophy

### **We are student athletes.**

First and foremost we are here to learn. School and learning will be a more important priority in our lives than athletics.

### **We show character.**

Jefferson softball players will be the best people. We will show respect at all times to fellow players, coaches, the school, the community, ourselves, our parents and to the game of softball.

### **We represent Jefferson.**

We represent Jefferson and Jefferson softball no matter where we are. We will be aware of this and be the best we can be wherever we are. In class we will respect learning, respect teachers, be punctual, stay awake and not goof off. In school we will respect the school and the people within it at all times, including at lunch and in the halls. In the community we will be role models and good citizens.

### **We show sportsmanship.**

We will never do anything to take away from the school or the team we represent. At all times, we will be respectful to officials, opposing teams, opposing coaches, and opposing fans.

We will demonstrate team spirit by supporting and encouraging our teammates. We will maintain a positive attitude, strive to perform our best, keep our promises to remain drug and alcohol free, follow directions and listen to the advice provided by our coaches and captains.

### **We show gratitude.**

It is a privilege to wear a Jefferson softball uniform. We will thank all of the people who make it happen for us – parents, officials, fans and booster club members.

### **We work hard.**

We will practice hard and play smart, even when no one is looking.

### **We are team players.**

We each have a different role to play. This may require that some players get more playing time, but we will remember that every role is important.

### **We win.**

We recognize that winning is simply a by-product of hard work, team play and positive attitude.

## Student Athlete Responsibilities and Commitment

### Players will:

- always show “first class” behavior.
- be good sports; no profanity will be used.
- address officials as “sir” or “ma’am”.
- say nothing if there is nothing nice to say.
- look opponents in the eye and be genuine during contact during and after games.
- be sensitive to teammates, remembering that “we are all in this together”.
- accept compliments in a gracious and straightforward manner.
- offer congratulations and compliments to teammates – and mean them.
- remove yourself from potential embarrassing situations.
- be sensitive to impressionable ears and show no sexism, racism or acknowledgement of handicaps of any kind.

### In school, players will:

- communicate absences in advance.
- invite teachers and fellow students to competitions.
- be punctual, attentive and alert.

### Captains will:

- thank hosts, other coaches and umpires at the completion of each game.
- be good examples to other players.
- show strong team leadership.

## Practices and Games

### Captains’ Practices

Captains’ practices are held before team tryouts. The captains are committed to making their practices a fun way to work on conditioning, hitting and team building. These practices are optional, but you are encouraged and expected to attend if you can.

Captains’ practices are held at the Jefferson Activity Center or the Jefferson High School main gym after school. Practices will start the first week of March; the practice schedule will be posted on the Booster Club website.

### Tryouts

Try outs be held the week of March 15.

### Practices

Official team practices will begin the week of March 15.

Practice times and locations will vary depending on team, weather and availability of gym space. Varsity and Jr Varsity outdoor practices are held at Dred Scott. 10th and 9th grade outdoor practices are held at the Jefferson and Olson Middle School fields. Each player is responsible for transportation to and from practices.

Practices are held Monday through Friday, except for game days.

**Be on time!** This means ready to go when practice begins – shoes and practice clothes on, warmed up and ready to play.

## Missed Practices

Attendance at practice is mandatory. If you are going to be late or miss practice, you must contact your coach **before practice**.

Generally speaking, one missed practice results in one missed game unless the absence is pre-approved due to illness, mandatory school function, death or emergency. Extended absences will be discussed on an individual basis with the understanding that there will be some type of penalty for an extended absence.

## Spring Break

Spring break is April 4-9.

No practices are scheduled for April 1-7. Mandatory practices for Varsity players will be held on Thursday and Friday, April 8 and 9. Practice locations and times will be announced before spring break.

Practices for Jr Varsity, 10th grade and 9th grade teams will be announced by team coaches.

## Clean-up After Practices and Games

All trash must be pickup up after practices and games. This includes **all** trash in the gym, at the fields and in and around home and visitor's benches, whether or not the trash is yours.

## Games

The first regular season games are on April 13th. Home games are played at Dred Scott. When the Varsity and Jr Varsity play at home, the 10th and 9th grade teams play away.

Bus transportation to and from games is provided for coaches and players. Buses leave from and return to Jefferson. All players are expected to ride the bus to and from games unless the coach has approved a request from a parent. Fans must provide their own transportation.

Many fields have limited bleacher space – fans should plan to bring a chair and a blanket or jacket. Games are played in rain (and snow) unless the field is unplayable or there is lightning. Cold weather does not cause games to be cancelled. If you are unsure whether a game will be held, call your school for information (Jefferson, Olson Middle or Oak Grove Middle).

## Lettering

Each year head coaches establish lettering criteria. In the past, players on the end of the season tournament team roster have earned a letter.

## Team Uniform

Each player will receive a softball uniform. It is your responsibility to maintain your uniform and turn it in at the end of the season. Failure to do so may result in a fee assessment and delay in receiving a letter award or grades. Additional items to supplement the uniform (such as socks, sweatshirts and sweatpants) will be available for purchase. Contact a captain for more information about items and cost.

## Special Event Participation

Players are encouraged to attend pasta dinners and other team building activities. Please be respectful of the property where events are held.

### Pasta Dinners

Pasta dinners will be held for all teams once regular season games start. They are informal and an excellent way for players, hosting parents and coaches to get to know each other. An updated schedule for pasta dinners will be available on the booster club website.

### Fundraising Activities

All players are expected to work at the pancake breakfast (as hostesses and servers) and the car wash (as car washers). These events provide the primary method for raising booster club funds.

## Family Commitment

### Encouragement

Family members will attend your daughter's softball games- your cheers make a difference in our teams' performance.

Please take photos and share them. The end of the season video will incorporate pictures of teams, but photographers are needed to insure good pictures for all teams.

The softball program does not have fields available for all teams to play their games at the same time at the same place. For this reason, Varsity and Jr Varsity teams play at the same place (home or away) and the 10th and 9th grade teams play at the opposite fields. This alternate schedule makes it difficult for parents to watch other Jefferson teams play. Please don't take this as indifference or a lack of support for all teams. It does make it even more important that parents, relatives, friends and classmates attend games as often as possible.

### Fees

There is a sports fee (payable to ISD 271) of \$125 per player.

## Booster Club

The purpose of the Jefferson Softball Booster Club is to provide the teams with resources beyond those funded by the school system and to provide support to coaches and players.

Families of all Jefferson softball players are encouraged to join the Booster Club. Our largest expenditures are for coaches, tournament registration fees, transportation, equipment, uniforms, pasta dinner supplies and the end of season banquet.

Please contact any booster club parent leader with questions, comments or concerns regarding the Booster Club.

## Volunteer Opportunities

The Booster Club can always use more volunteers. Please contact any of the booster club parent leaders listed above if you are able to help with any of the following items.

### End of Season Banquet

Help plan the banquet, design centerpieces, setup for the event.

### Fundraisers

The Booster Club sponsors two fundraising event, a pancake breakfast and a car wash. Tickets are pre-sold for each event, as well as being available on the day of the event. Each event requires parents to work with players during the event.

### Team Photographers

Pictures of each team are distributed at the banquet, and included in an end of season video.

### Drivers

Volunteers are needed to provide transportation to younger players to practices and pasta dinners, especially for girls coming from Oak Grove Middle school.

### Pasta Dinner Hosts

Pasta dinners are held at player homes (Varsity and Jr Varsity teams) or at the high school (10th and 9th grade teams) to promote team building and give players an opportunity to interact with each other in an informal setting. Often two or three parents work together to "host" a pasta dinner, providing food, beverages, paper plates, silverware and napkins.

### Senior Night

Seniors are recognized during a home game at the end of the season. Usually a flower is presented to the player and a picture is taken of the player with her parents, but new ideas are always welcome.

## Dues and Fundraisers

Item	Varsity/Jr Varsity	10th/9th Grade
Booster Club dues	\$ 135	\$ 60
Pancake Breakfast fundraiser (donation for 10 tickets)	\$ 50	\$ 50
Car Wash fundraiser (donation for 10 tickets)	\$ 50	\$ 50
<b>Total</b>	<b>\$ 235</b>	<b>\$ 160</b>
End of Season Banquet Free for all players who are Booster Club members.	\$ 20	\$ 20